## WHAT SHOULD BE IN MY "GO BAG"?

Emergencies can happen at any time. Be ready and have the items you can't live without all in one place so you can grab your bag and go quickly. Here's a list of things to get started:



☐ MEDICATION



RN EXTRA



SOME WATER &
SNACK BARS



OF CLOTHES



EYEGLASSES OR CONTACT LENSES



CASH IN SMALL BILLS



☐ A FIRST-RID KIT



FLASHLIGHT



A COPY OF YOUR ID



A PORTABLE RADIO



RESPIRATOR FACE MASK



HEARING AIDS



CHARGING CABLES FOR YOUR CELLPHONE



☐ PORTABLE USB BACKUP Charger



☐ PET FOOD AND SUPPLIES