

CITY OF FREMONT AGE-FRIENDLY DOMAINS (ADAPTED FROM WHO)

HEALTH AND WELLNESS

An Age-Friendly community provides adequate access to all levels of healthcare and services that maintain and restore health. Accessible medical and social services and emergency planning are vital to independent living.

OUTDOOR SPACES AND BUILDINGS

An Age-Friendly community has outdoor spaces that are safe, clean and enjoyable with adequate pedestrian infrastructure. Public buildings and businesses should be secure, welcoming and accessible for all ages.

TRANSPORTATION

An Age-Friendly community has a variety of reliable, accessible and affordable transportation options along with mobility education that allows residents to be connected to all areas and services in the community.

SOCIAL PARTICIPATION AND INCLUSION

An Age-Friendly community has affordable and accessible events, activities, and opportunities for social engagement open to people of all ages, cultures, and abilities.

VOLUNTEERING AND CIVIC ENGAGEMENT

An Age-Friendly community values the experience and knowledge of older adults and their contributions to public decision-making for the betterment of the community.

COMMUNITY INFORMATION

An Age-Friendly community has information that is timely, multilingual, multiple sources, and is distributed widely.

EMPLOYMENT AND LEARNING OPPORTUNITIES

An Age-Friendly community has sufficient and varied employment to support financial independence and varied educational opportunities to satisfy interests in life-long learning.

HOUSING

An Age-Friendly community has housing that is affordable, safe, and conveniently located near public transportation, businesses, and services. Additionally, affordable home maintenance, safety modifications, and support to live at home are needed.

DEMENTIA-RELATED SUPPORT

An Age-Friendly community respects individuals with memory challenges and supports their network of caregivers.